

# Bertha - Hewitt School Menu

## November 2023

### Breakfast

- \*Students must select 3 components &  
1 component must be 1/2 cup FRUIT or JUICE
- \*Breakfast served with Fresh Fruit & Juice
- \*Breakfast alternate: Cold Cereal & Cheese Stick

### Lunch

- Lunch Alternate
- #1: Ham or Turkey Sandwich
- #2: Chef Salad

All meals are served with Skim, 1% Or Chocolate Skim Milk

Assorted Fruit Served Daily

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b>  <b>Biscuits &amp; Gravy</b>  Breaded Chicken Sandwich Mashed Potatoes Baked Beans	<b>2</b>  <b>Pancake Bites</b>  -----  Italian Dunkers Marinara Sauce Baby Carrots Green Beans	<b>3</b>  <b>Frosted Long John</b>  -----  Ravioli w/ Meat Sauce Lettuce Salad Sliced Red Peppers Bread
<b>6</b>  <b>Pancakes</b>  -----  Hot Dog Baked Beans Fries	<b>7</b>  <b>Breakfast Pizza</b>  -----  BBQ Chicken Sandwich Hashbrown Green Beans	<b>8</b>  <b>Cheese Omelet &amp; Biscuit</b>  -----  Meatballs w/ gravy Mashed Potatoes Corn Bread	<b>9</b>  <b>Poptarts &amp; Yogurt</b>  -----  Ham Slice Scalloped Potatoes Steamed Carrots Bread Dessert	<b>10</b>  
<b>13</b>  <b>Sausage-on-a-Stick</b>  -----  Breaded Chicken Tenders Mashed Potatoes Green Beans	<b>14</b>  <b>Dutch Waffle</b>  -----  Sloppy Joe Fries Cucumbers & Dip	<b>15</b>  <b>Scrambled Eggs &amp; Tst</b>  -----  Hot Ham -N- Cheese Baked Beans Baby Carrots Chips	<b>16</b>  <b>French Toast Sticks</b>  -----  Chicken Fajita Tortilla Shell Shredded Lettuce & cheese Diced Tomatoes Steamed Corn	<b>17</b>  <b>Frosted Cinnamon Roll</b>  -----  Mac & Cheese Little Smokies Peas Fresh Veggies w/ Dip Bread
<b>20</b>  <b>Snack Bread &amp; Yogurt</b>  -----  Corn Dog Baked Beans Baby Carrots Chips	<b>21</b>  <b>Bagel w/ Crm Chz</b>  -----  Sliced Turkey Stuffing Mashed Potato w/ Gravy Steamed Corn Dinner Roll Dessert	<b>22</b>  <b>Sunrise Patty</b>  -----  BBQ Pulled Pork Hashbrown Fresh Veggies		
<b>27</b>  <b>Frudel / Mini Bagel</b>  -----  Taco-in-a-Bag Tortilla Chips Shredded Lettuce & cheese Sliced Peppers	<b>28</b>  <b>Breakfast Burrito</b>  -----  Chilli Chicken Noodle Soup Steamed Veggie Medley Celery Bread	<b>29</b>  <b>Bacon Egg Bites</b>  -----  Hamburgers Baked Beans Baby Carrots Chips	<b>30</b>  <b>Muffins &amp; Yogurt</b>  -----  B-H Bowl Biscuit Mashed Potatoes Steamed corn	<b>December 1, 2023</b>  <b>Frosted Long John</b>  -----  Pizza Lettuce Salad Fresh Veggies w/ Dip