

Bertha - Hewitt School Menu

October 2024

Breakfast

- *Students must select 3 components & 1 component must be 1/2 cup FRUIT or JUICE
- *Breakfast served with Fresh Fruit & Juice
- *Breakfast alternate: Cold Cereal & Cheese Stick




Lunch

- Lunch Alternate 5th-12th gr.
- #1: Ham Turkey pepp or Sum s Sandwich
- #2: Chef Salad

All meals are served with, 1% or Chocolate Milk This institution is an Equal Opportunity Provider

Assorted Fruit Served Daily

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Sausage & Biscuit	2 Pancakes & Syrup	3 Muffins & Cheese Stick	4 Cinnamon Roll
	Chicken Strip Basket French Fries & Fruit & Veg.	California Cheeseburgers Hashbrowns Baked Beans Fruit veggie	Chicken Fajita Tortilla Shell Shredded Lettuce & cheese Diced Tomatoes Steamed Carrots	Pizza Steamed Corn R Lettuce Salad & Chips
7 Cheese Omelet & Hashbrowns	8 French Toast & Syrup	9 Sausage on a Stick	10 Breakfast Pizza	11 Long John
Popcorn Chicken Mashed Potatoes & Gravy & Fruit Steamed Corn Dinner Roll	Sweet & Sour Chicken & Rice & Broccoli & Cauliflower & Fruit	Chicken Patty on Bun & Tator Tots & Fruit & Baked Beans	Taco -in-a-Bag Shredded Lettuce & cheese Tomatoes & Steamed Green Beans Fruit	Italian Dunkers Marinara Sauce Fresh Carrots & Fruit R Lettuce Salad
14 Bacon Egg Bites & Yogurt	15 Breakfast Bar & Cheese Stick	16 French Tst Stks & Syrup	17	18
Mini Corn Dogs Chips & Green Beans Baked Beans Fruit	Chicken Alfredo Garlic Bread & Steamed Carrots & Fruit	Hamburger Gravy Mashed Potatoes & Corn & R. Lettuce & Bread Stick Fruit		
21 Snack Bread & Yogurt	22 Waffles & Syrup	23 Biscuits & Gravy	24 Breakfast Pizza	25 Long John
Chicken Nuggets French Fries Fruit Pop Steamed Veg.	Hot Dogs & Baked Beans & Fruit & Carrots & Chips	Mandarin Chicken Steamed Rice Steamed Broccoli Fruit & Cookie	Taco Wrap Shredded Lettuce & cheese Diced Tomatoes & Sour Cream Vegetable & Fruit	Pizza Steamed Corn R Lettuce Salad & Chips
28 Mini Waffles & Syrup	29 Dutch Waffle	30 Bagel & Cream Cheese	31 Breakfast Bars	
Corn Dog & Chips & Fruit & Baked Beans	French Toast Sausage Patty Hashbrowns & Orange or Apple	Spaghetti Noodle Hotdish Garlic Bread & Red & Green Peppers & Fruit	Mummy Dogs & Swamp Goo & Witch's Brew Dessert & Pumpkin Surprise	

