

# Bertha - Hewitt School Menu



May 2024

## Breakfast

- \*Students must select 3 components & 1 component must be 1/2 cup FRUIT or JUICE
- \*Breakfast served with Fresh Fruit & Juice
- \*Breakfast alternate: Cold Cereal & Cheese Stick






## Lunch

- Lunch Alternate
- #1: Ham or Turkey Sandwich
- #2: Chef Salad

All meals are served with Skim, 1% Or Chocolate Skim Milk

Assorted Fruit Served Daily

MENU SUBJECT TO CHANGE WITHOUT NOTICE

| Monday  | Tuesday  | Wednesday   | Thursday   | Friday   |
|---|--|---|--|--|
|   | 2<br> | 1<br>Pancakes   | 2<br>Bagel Cream Cheese  | 3<br>Cinnamon Roll   |
|   |  | Spaghetti with Meat Sauce<br>R Lettuce Salad<br>Fruit<br>Garlic Toast                   | Beef Nachos & Cheese<br>Shredded Lettuce Salad<br>Tomatoes<br>Steamed Corn & Chips         | Pizza<br>Steamed Veggie<br>R Lettuce Salad & Chips   |
| 6<br>Muffins & Cheese Stick   | 7<br>Pancake on a Stick  | 8<br>French Tst Stks  | 9<br>Cheese Omelet & Hashbrowns  | 10<br>Long John  |
| California Cheeseburgers<br>pickles<br>Baked Beans<br>Fruit<br>veggie               | Mandarin Chicken<br>Steamed Rice<br>Broccoli<br>Fruit & Cookie                         | Chicken Nuggets<br>Mashed Potatoes<br>Steamed Corn<br>Dinner Roll                       | Hard Shell Taco<br>Cheese & Lettuce<br>Fruit<br>Steamed veggie                             | Chicken Fajita<br>Tortilla Shell<br>Shredded Lettuce & cheese<br>Diced Tomatoes<br>Steamed Carrots |
| 13<br>Breakfast Bar & Yogurt  | 14<br>Bacon Egg Bites & Biscuit  | 15<br>BH Pancake McGriddle  | 16<br>Breakfast Pizza  | 17<br>Cinnamon Roll  |
| Corn Dog<br>Hashbrown Patty<br>Steamed Green Beans<br>Fruit                         | Cook's Choice  | Chicken Alfredo<br>Garlic Bread & Steamed<br>Carrots & Fruit                            | Pizza<br>Steamed Corn<br>R Lettuce Salad & Chips   | Hot Dogs & Chips & Baked<br>Beans Veggies & Fruit<br>Cups  |
| 20<br>Mini Waffles  | 21<br>Cook's Choice  | 22<br>Sausage Biscuit Cheese  | 23<br> | 24<br>        |
| Chicken Nuggets<br>Baked Beans<br>Chips Fruit<br>veggie                             | Cook's Choice  | Taco -in-a-Bag<br>Shredded Lettuce & cheese<br>Tomatoes & Steamed Corn<br>Fruit Dessert |  |  |
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