

Bertha - Hewitt Menu

September 2025

Breakfast

This institution is an Equal Opportunity Provider

*Students must select 3 components &

1 component must be 1/2 cup FRUIT or JUICE

*Breakfast served with Fresh Fruit & Juice

*Breakfast alternate: Cold Cereal & Cheese Stick

All Cereal is WG; Toddler cereal: Chex, Cheerios, Mini Whits, Life

Lunch

Lunch Alternate 5-12 Grade:

#1 Meat Sandwich/ #2 Chef Salad (pre order)

*Students must select 3 components

1 component must be 1/2 cup fruit or veg

Toddlers will get an appropriate substitute for chips/ and raw veggies/Dessert items

Fresh Fruits Served Daily at all Meals

All meals are served with, 1% soy or Chocolate Milk, Toddlers are served with Whole Milk

Assorted Fruit & Veg Served Daily depending on season

Toddler Snacks are WG, and served with Whole Milk

Menu Subject to Change without Notice

Staff follow all NSLP, SFP, SBP, CACFP AFSP, guidelines

Monday	Tuesday	Wednesday	Thursday	Friday
1 	2 Pancake on a stick Hot Dog on a Bun Baked Beans & Fruit Cups & Veg & Chips	3 Bagel & Cream Cheese Mandarin Chicken & Steamed Rice & Raw Broccoli & Bread Stick & Fruit	4 Breakfast Pizza Taco in a bag Shredded Lettuce & Cheese & Diced Tomatoes & Sour Cream & Corn & Watermelon	5 Long Johns Pizza Personal Pan Elementary Big Daddy's Pepperoni 5-12 & Romain salad & chips & Fruit & Veg
8 Benefit Bars Cheese Burger on a Bun Baked Beans & Fruit & Veg & Chips	9 Egg Omelet & Biscuit Chicken Nuggets & Mashed Potatoes & Gravy & Dinner Roll & Fruit & Veg	10 Homestyle Egg Patty & Sausage Chicken Alfredo over Penne Noodles & Garlic Bread & Veg & Apple Slices	11 Mini Waffles Queso Nachos with Lettuce & Hamburger & Diced Potatoes & Diced Tomatoes & Sour Cream & Corn & Fruit	12 Cinnamon Rolls Italian Dunkers Marinara Sauce & House Salad & Fruit & Carrots
15 Snack Bread Corn Dogs Baked Beans & Fruit & Veg. & Chips	16 Egg Bites & Biscuit California Grilled Chicken Sandwich with Lettuce, Onion Tomatoes, Mayo, Pickle Spears & Tator Tots & Fruit & Veg	17 French Toast Sticks & Syrup Mac n Cheese & Mini Hot dogs and Bread Stick & Banana & Veg.	18 Pumpkin or Lemon Bread Chicken Fajita Wrap & Lettuce & Cheese & Ranch & Salsa & Guacamole & Carrots & Mango Fruit Cup	19 Long Johns Pizza Personal Pan Elementary Big Daddy's 4 Meat 5-12 & Romain salad & sunflower Seeds & chips & Fruit & Veg
22 Muffins Chicken Patty on Bun Baked Beans & Fruit & Pudding & Chips	23 Egg Patty & Sausage on Biscuit Chicken Strips with BBQ & Hashbrowns & Fruit & Vegetable	24 Mini Donuts Mandarin Chicken & Steamed Rice & Raw Broccoli & Cheese Filled Bread Stick & Clementine	25 Breakfast Pizza Taco in a bag Shredded Lettuce & Cheese & Diced Tomatoes & Sour Cream & Corn & Fruit	26 Cinnamon Rolls Pizza Calzones & Marinara Sauce & Caesar salad & Chips & Jonny Pop & Veg.
29 Strudel Hot Dog on a Bun Cowboy Beans & Fruit Cup & Veg & Chips	30 Egg Ham & Cheese on Biscuit Popcorn Chicken & Mashed Potatoes & Gravy & Dinner Roll & Veg & Fruit			