

Bertha - Hewitt School Menu

September 2023

Breakfast

- *Students must select 3 components & 1 component must be 1/2 cup FRUIT or JUICE
- *Breakfast served with Fresh Fruit & Juice
- *Breakfast alternate: Cold Cereal & Cheese Stick

Lunch

- Lunch Alternate
- #1: Ham or Turkey Sandwich
- #2: Chef Salad

All meals are served with Skim, 1% Or Chocolate Skim Milk

Assorted Fruit Served Daily

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>-----</p> <p>This Institution Is An Equal Opportunity Provider</p>	 	
	<p>5</p> <p>Churro's</p> <p>-----</p> <p>Cheeseburger On A Bun French Fries Veggies & Dip Cookie</p>	<p>6</p> <p>Scrambled Eggs & Toast</p> <p>-----</p> <p>Chicken Nuggets Mashed Potatoes & Gravy Steamed Corn Dinner Roll</p>	<p>7</p> <p>Snack Bread</p> <p>-----</p> <p>Corn Dog Baked Beans Coleslaw</p>	<p>8</p> <p>Frosted Long John</p> <p>-----</p> <p>Italian Dunkers Marinara Sauce Fresh Lettuce Salad Diced Tomatoes</p>
<p>11</p> <p>Muffin & Yogurt</p> <p>-----</p> <p>Hot Dog On A Bun Baked Beans Fresh Vegetables W/ Dip</p>	<p>12</p> <p>Breakfast Pizza</p> <p>-----</p> <p>BBQ Pulled Pork Tater Tots Steamed Peas Cookie</p>	<p>13</p> <p>Cheese Omelet & Biscuit</p> <p>-----</p> <p>Chicken Nachos W/ Cheese Tostada Chips Shredded Lettuce Diced Tomatoes Steamed Corn</p>	<p>14</p> <p>French Toast Sticks</p> <p>-----</p> <p>Spaghetti W/Meat Sauce Pasta Steamed Green Beans Fresh Veggies & Dip Bread Stick</p>	<p>15</p> <p>Frosted Cinnamon Roll</p> <p>-----</p> <p>Pepperoni Pizza Fresh Lettuce Salad Diced Tomatoes Steamed Carrots</p>
<p>18</p> <p>Mini Waffle's</p> <p>-----</p> <p>Breaded Chicken Sandwich Hash Brown Patty Fresh Vegetables & Dip</p>	<p>19</p> <p>Frudels</p> <p>-----</p> <p>Taco In A Bag Shredded Cheese & Lettuce Tomatoes & Tortilla Chips Fresh Broccoli & Dip Cookie</p>	<p>20</p> <p>Biscuit & Gravy</p> <p>-----</p> <p>Mini Corn Dogs Steamed Corn Baked Beans Chips</p>	<p>21</p> <p>Mini Cinnamon Donut's</p> <p>-----</p> <p>Cheese Burger On A Bun French Fries Baby Carrots & Dip Cookie (7-12)</p>	<p>22</p> <p>Frosted Long John</p> <p>-----</p> <p>Ravioli Marinara Sauce Lettuce Salad w/ Tomatoes Steamed Peas</p>
<p>25</p> <p>Bagel & Cream Cheese</p> <p>-----</p> <p>Breaded Chicken Tenders Baked Beans Fresh Vegetables & Dip Sun Chips</p>	<p>26</p> <p>Breakfast Burrito</p> <p>-----</p> <p>Sloppy Joe On A Bun Potatoes Steamed Green Beans Cookie (7-12)</p>	<p>27</p> <p>Scrambled Eggs & Toast</p> <p>-----</p> <p>Chicken Fajita Tortilla Shell & Tomatoes Shredded Lettuce & Cheese Steamed Corn</p>	<p>28</p> <p>Pancake-on-a-stick</p> <p>-----</p> <p>Meat Balls Mashed Potatoes & Gravy Steamed Carrots Dinner Roll</p>	<p>29</p> <p>Cinnamon Roll</p> <p>-----</p> <p>Sub Sandwich W/Fixings Baby Carrots Cucumbers Chips</p>