

# Bertha - Hewitt School Menu

## November 2024

### Breakfast

- \*Students must select 3 components & 1 component must be 1/2 cup FRUIT or JUICE
- \*Breakfast served with Fresh Fruit & Juice
- \*Breakfast alternate: Cold Cereal & Cheese Stick

### Lunch

- Lunch Alternate 5th-12th gr.
- #1: Ham Turkey pepp or Summ Sandwich
- #2: Chef Salad

All meals are served with, 1% or Chocolate Milk This institution is an Equal Opportunity Provider

### Assorted Fruit Served Daily

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Monday	Tuesday	Wednesday	Thursday	Friday
		<h2 style="font-size: 2em;">Be Thankful</h2>	<h2 style="font-size: 2em;">Always.</h2> 🇺🇸	<b>1</b> Cinnamon Roll Elem: Personal Size Pizza HS: Pepp or Sausage Pizza Steamed Corn Fruit & Chips
<b>4</b> Muffins & Cheese Stick  Chicken Nuggets & Chips Baked Beans Fruit & Veggie	<b>5</b> Bagel & Cream Cheese  Bacon Cheeseburgers Shoestring French Fries Fruit Corn	<b>6</b> Breakfast Pizza  Tomato Soup & Crackers & Grilled Cheese Sandwich & Apple Sauce & Veg	<b>7</b> Pancakes & Sausage  Taco-in-a-Bag Shredded Lettuce & cheese Tomatoes & Steamed Broccoli Fruit	<b>No School</b>  
<b>11 Veterans Day</b> Breakfast Bar & Yogurt  Ham & Scalloped Potatoes Steamed Corn & Dinner Roll & Fresh cut Fruit & Dessert	<b>12</b> Sausage on stick  Corn Dogs Hash Browns & Steamed Green Beans & Fruit	<b>13</b> Sausage & Eggs  Fish Patty on Bun & Mayo & Chips & fish & Fruit & Carrots & Baked Beans	<b>14</b> French Toast Sticks & Syrup  Mandarin Chicken Steamed Rice Steamed Broccoli Fruit	<b>15</b> Long John  Hot Ham Cheese Sandwich Chips & Nacho Cheese Fruit Cup & R. Lettuce Red and Green Peppers
<b>18</b> Mini Waffles & Syrup  Hot Dogs & Baked Beans & Fruit & Carrots & Chips	<b>19</b> Eggs & Bacon  Chicken Fajita Wrap Tortilla Shell Shredded Lettuce & cheese & Tomatoes & Sautéed Peppers Veg & Rice & Fruit	<b>20</b> Oatmeal  Spaghetti & Meat Sauce & Garlic Bread & Steamed Veg. & Lettuce & Fruit	<b>21</b> Breakfast Pizza  Hard Shell Taco Shredded Lettuce & Cheese Tomatoes & Corn & Fruit	<b>22</b> Cinnamon Roll  Pepperoni Dunkers Marinara Sauce Fresh Broccoli or cauliflower & Fruit & R Lettuce Salad
<b>25</b> Snack Bread & Yogurt  Chicken Strips & Chips & Baked Beans & Fruit & Broccoli	<b>26</b> Biscuits & Gravy  Mac n Cheese & Bread Stick & Plain Hot Dog & Steamed Carrots & Fruit	<b>27</b> Donut  Turkey Slice with Mashed Potatoes & Gravy & Corn & Dinner Roll		

